How To Use Paxil for Premature Ejaculation

Matt Gorden’s secret for lasting longer in bed... “I was able to go from 3-4 minutes to just under an hour on my first attempt”

Here’s what you need to know about using Paxil for premature ejaculation...

Paxil is the brand name for paroxetine. It’s a strong SSRI antidepressants that some doctors prescribe for premature ejaculation.

Like other SSRI antidepressants, it works by adjusting the levels of serotonin in the brain. Serotonin is a chemical that carries messages between brain cells.

In men who suffer from premature ejaculation, the serotonin seems to be less active in the section of the brain that controls the ejaculation. Paxil increases the levels of serotonin, and enables you to delay your ejaculation and last longer.

Paxil is legally available only by prescription, but some online pharmacies sell it without prescription. It comes in a form of tablet and is taken orally, preferably in the morning.

You’ll probably first try to use it as needed, 2-12 hours before sex. If that fails, than you’ll use it on a daily basis.

Within first 10 days of use, the concentration of drug in your blood will reach a constant level. However, you may need to wait 2 to 4 weeks before you see improvement in your ejaculation control.

Starting dose is usually 20 mg per day. But, if needed, your doctor may gradually increase the dose to a daily maximum of 40 mg.

If there’s no improvement within 6 weeks of treatment, or if you experience a lot of negative side effects, your doctor will probably end the treatment.

If Paxil doesn’t help you, you doctor may prescribe you another SSRI antidepressant, to try again. For example, Zoloft or Prozac. If the second SSRI fails to help, then trying the third one probably won’t help.

For more information on using Prozac and Zoloft for premature ejaculation see "How to use Prozac for premature ejaculation" and "How to use Zoloft for premature ejaculation".

If You Masturbate Often, You’ll Last Longer In Bed?

Some people have suggested that if you masturbate often, that can help you last longer in bed. It won’t stop...

List Of Premature Ejaculation Books

Here’s a list of books on premature ejaculation. I’ll update it as I find new ones. If you know more...

Give Her an Orgasm After You Had One

If you can overcome the urge to roll over and go to sleep after your orgasm, and can devote your...

Is Premature Ejaculation Curable?

I want you to know this: YOU CAN last...
If that happens, your doctor still can prescribe you another type of antidepressant called the tricyclic antidepressant. A good example of this type of antidepressant is Anafranil.

Researchers have found that Anafranil works better for premature ejaculation than many SSRI antidepressants. However, that comes at a price because Anafranil usually has more side effects than SSRIs.

We’ll talk about Anafranil in detail later.

You should not use Paxil without medical supervision. This is especially true if you are already taking some medications (or have recently done so), or if you have some health issues.

Here are some general warnings and precautions when using Paxil for premature ejaculation...

Use it with caution if you...

- have problems with liver or kidneys
- have a history of seizure disorders
- have or had manic-depressive disorder

You should not use alcohol while you’re taking Paxil.

Paxil can cause problems if used along with some other medications such as...

- Lanoxin, Lanoxicaps (digoxin), a drug used to treat hearth problems
- Tagamet (cimetidine), a drug for treating stomach acid
- certain type of antidepressants (MAOIs)
- Coumadin (warfarin), a prescription drug used to treat or prevent blood clots
- tryptophan

Also, pregnant and nursing women should not use Paxil. I kinda doubt you’re gonna get pregnant and start breast-feeding babies around... but I had to warn you anyway.

Remember the serotonin? A chemical in the brain that controls your ejaculation? Well, the serotonine is produced in brain from another chemical called the tryptophan. And the tryptophan comes in the brain from foods high in protein such as turkey and milk (and other meat and dairy products).

That’s why you have to be very careful about your diet.

While taking Paxil you may experience some negative side effects. This includes dizziness, tremor, nervousness, insomnia, dry mouth, nausea, constipation, diarrhea, decreased appetite.

It happens rarely, but you could also experience some dizziness upon rising from a seated or prone position, anxiety, urinary disorders, skin rashes, and muscle weakness.

Here’s the full-blown medical description of Paxil. If it all sound Greek to you, don’t worry. This is written by a doctor, for doctors. But I thought you might want to take a look at it. So...
PROXETINE (PAXIL)

Drug Name
Paroxetine (Paxil) — Potent SSRI antidepressant used to treat premature ejaculation. Improvement may not be evident until at least 3 wk following initiation of treatment. If no benefit (with respect to premature ejaculation) after 6 wk or adverse effects become troublesome, medication should be discontinued in favor of an alternative treatment.

Adult Dose
20 mg PO 2-12 h before sexual relations; alternatively, 20 mg/d PO, gradually titrate to response; not to exceed 40 mg/d

Pediatric Dose
Not established

Contraindications
Documented hypersensitivity; concomitant MAOIs or use within 14 d

Pregnancy
B – Usually safe but benefits must outweigh the risks.

Precautions
Caution in recent MI or unstable heart disease; hyponatremia; although minimal adverse anticholinergic effects (compared with TCAs), use with caution in glaucoma, bladder outlet obstruction, chronic constipation, and other conditions in which adverse anticholinergic effects may exacerbate symptoms; also caution in moderate-to-severe renal or hepatic impairment, because of excessive blood level accumulation (adjust dose accordingly); does not impair motor or cognitive ability with respect to performance of complex tasks, nor does it cause somnolence, but any drug affecting the CNS may cause drowsiness, and driving and performance of other tasks requiring alertness and concentration should be avoided; seizures are rare; caution in preexisting seizure disorder; when used for premature ejaculation (off-label), patients with clinical depression should be treated by a mental health care professional; potential for depressed patients to commit suicide; priapism has been (rarely) reported

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If you’re thinking about using Paxil for premature ejaculation, don’t do it without medical supervision. There’s a reason why it’s a prescription-only drug.

FREE REPORT: Read this to learn exactly how to gain complete control over when you ejaculate...“How You Can Last 10-30 Minutes Longer In Bed Tonight & Permanently End The Pain & Embarrassment Of Premature Ejaculation”®

See Also...
What Is Premature Ejaculation?
So, what is premature ejaculation? And why there’s so much confusion, misunderstanding, and downright misinformation about it. Let’s start at...

If You Masturbate Often, You’ll Last Longer In Bed?

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Start-Stop Method (FREE Premature Ejaculation Exercise)

Start-Stop method is by far the most often recommended exercise for premature ejaculation. It’s highly valued both by sexual therapists...

Testicular Restraint – Funny Sex Toy For Lasting Longer In Bed

Testicular restraint is a Velcro-type device that used to be sold through mail-order erotic magazines. The idea behind it is...

How To Use Zoloft For Premature Ejaculation

Here’s what you need to know before using Zoloft for premature ejaculation... Zoloft is the brand name for a drug...

How Long Should You Last In Bed?

The truth is, no one can put an exact time on how long should “normal” sex last. Some say, even...

Iron Wood – Spray For Premature Ejaculation

Iron Wood is actually a herbal solution. It’s based on a Chinese herb known as Radix Asari. It is interesting...
Use Two Condoms – A Simple Trick To Last Longer In Bed

Here’s a simple trick to last longer in bed: wear two condoms. How long will you last? It’s individual, but...

The Complete PC Workout (How to Make Love all Night)

The PC (pubococcygeus) muscle workout was created back in 1948, by Dr. Arnold Kegel. That’s why this exercise is sometimes...

How To Use Prozac for Premature Ejaculation

Here’s how to use Prozac for premature ejaculation... First of all, Prozac is the brand name for fluoxetine. I think...