How To Use Prozac for Premature Ejaculation

Matt Gorden’s secret for lasting longer in bed... “I was able to go from 3-4 minutes to just under an hour on my first attempt”

Here’s how to use Prozac for premature ejaculation...

First of all, Prozac is the brand name for fluoxetine. I think it’s the oldest, and the best known of all SSRI antidepressants. It’s been around since 1980s, and doctors sometimes prescribe it for premature ejaculation.

It works by controlling the levels of serotonin (a chemical that controls your ejaculation), just like other SSRI antidepressants.

Another thing that shares with other SSRI antidepressants is that it’s legally available only by prescription. But, despite this regulation, some online pharmacies sell it without prescription.

Doctors usually recommend trying to take it as needed, 2 hours before having sex. If that doesn’t work, you’ll have to take it on a daily basis.

Most doctors start with giving you 10-20 mg per day. It can be one dose, or divided in two doses. If needed, the dose can be gradually increased, but it should not exceed 80 mg per day.

Prozac comes in a tablet form, and it’s taken orally. The food doesn’t affect it, so you can take it on an empty of full stomach.

If take-as-needed doesn’t work for you, and you take Prozac on a daily basis... you may need to wait 3 weeks before seeing improvement in your ejaculation control. If after 6 weeks there’s no improvement at all, or you experience some serious side effects, your doctor will probably end the therapy.

If that happens, you may try second SSRI antidepressant, such as Paxil or Zoloft. If the second doesn’t help, there’s usually no point in trying the third SSRI antidepressant.

However, you can try another type of antidepressant. They’re called tricyclic antidepressants, and the best known of them is Anafranil. It is interesting that Anafranil works better for premature ejaculation than SSRI antidepressants. But, it also has more side effects.

For more information see “How to Use Anafranil for Premature Ejaculation...”
Since Prozac is prescription-only drug, you should NEVER USE IT WITHOUT MEDICAL SUPERVISION. This becomes especially important if you’re already taking some medications, or if you have some health problems.

Here are some general warnings and precautions when using Prozac for premature ejaculation:

You should NOT use Prozac:
- in combination with other type of antidepressants (MAOIs)
- if you’re recovering from heart attack
- if you have kidney or liver problems
- if you have diabetes
- if you have a history of seizures

Don’t drink alcohol while you’re taking Prozac.

Some common Prozac’s side effects are anxiety, insomnia, headaches, dizziness, changes in appetite, weight loss, nausea, and diarrhea.

Here’s the full-blown medical description of Prozac. It’s written by a doctor (and for doctors, but I thought you might want to take a look at it anyway).

Here it is...

### FLUOXETINE (PROZAC)

#### Drug Name
Fluoxetine (Prozac) — Potent SSRI used to treat premature ejaculation. Improvement may not be evident until at least 3 wk following initiation of treatment. If no benefit with respect to premature ejaculation after 6 wk or if adverse effects become troublesome, discontinue in favor of alternative treatment.

#### Adult Dose
5-60 mg/d PO; most clinicians begin at 10-20 mg/d (in one dose or in two divided doses), or taken 2 h prior to intercourse as single-dose therapy; total daily dose not to exceed 80 mg/d

#### Pediatric Dose
Not established

#### Contraindications
Documented hypersensitivity; concomitant MAOIs or use within 14 d; thioridazine within 5 wk of discontinuation

#### Interactions
Phenobarbital and phenytoin decrease effects; alcohol, cimetidine, sertraline, phenothiazines, and warfarin increase toxicity; additive CNS depressant effects with other antidepressants, opioid analgesics, sedatives, and hypnotics; increases toxicity of MAOIs; can alter levels of antidiabetic drugs (they may need adjustment); can alter levels of warfarin, digitalis, or both; may increase benzodiazepine, phenytoin, and carbamazepine levels; increased adverse effects with tryptophan; lithium levels can increase or decrease and need monitoring; may potentiate drugs metabolized by CYP2D6, antipsychotics (eg, haloperidol, clozapine), or other antidepressants; avoid alcohol, during or
within 14 d of MAOIs, or within 5 wk of thioridazine discontinuation; caution with drugs that impair hemostasis (eg, nonselective NSAIDs, aspirin, warfarin) because of increased risk of bleeding

**Pregnancy**
C – Safety for use during pregnancy has not been established.

**Precautions**
Discontinue upon unexplained allergic reaction; monitor for symptoms of mania or hypomania; caution with diseases or conditions that could affect metabolism or hemodynamic responses, diabetes, history of seizures, suicidal tendencies; altered platelet function and hyponatremia reported; monitor for clinical worsening or suicidality, especially at initiation of therapy or dose changes; avoid abrupt withdrawal; monitor for discontinuation symptoms

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Again, you should never use Prozac for premature ejaculation without medical supervision because it’s a powerful drug.

**FREE REPORT: Read this to learn exactly how to gain complete control over when you ejaculate...**
*How You Can Last 10-30 Minutes Longer In Bed Tonight & Permanently End The Pain & Embarrassment Of Premature Ejaculation*

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**See Also...**

**Deurex Performa Pillowcases**
If you're looking for something more creative than just masturbating before sex to last longer in bed, you may find...

**Start-Stop Method (FREE Premature Ejaculation Exercise)**
Start-Stop method is by far the most often recommended exercise for premature ejaculation. It’s highly valued both by sexual therapists...

**Masturbate Before Sex To Last Longer In Bed**
If you masturbate 1-2 hours before having sex, you’ll last longer in bed. This will not cure premature ejaculation, but...

**My Premature Ejaculation**
Story: Regular Joe With PE

This is a story I found on Urology Channel. They encourage people to help others by sharing their stories. And...

List Of Premature Ejaculation Books

Here’s a list of books on premature ejaculation. I’ll update it as I find new ones. If you know more...

Abbreviations In Drug Prescriptions

Prescription drugs are often used for premature ejaculation treatment. For example, SSRI antidepressants like Prozac, Paxil, and Zoloft, just to...

5 Reasons To Cure Premature Ejaculation

You’ll feel MUCH, MUCH better. You’ll be more confident in bed. The sex will be much more enjoyable. She’ll feel...

The Squeeze Technique (FREE Premature Ejaculation Exercise)

The squeeze technique is a variation of the start-stop method. It was developed and popularized by famous sex therapist Masters...

How Premature Ejaculation Affects Man’s Life

Premature ejaculation has a significant impact on the quality of a man’s life. Although it doesn’t directly cause any serious...

Is Premature Ejaculation Curable?

I want you to know this: YOU CAN last longer in bed. No matter what. Period. No matter what they’ve...