How To Use Zoloft For Premature Ejaculation

Matt Gordon’s secret for lasting longer in bed... "I was able to go from 3-4 minutes to just under an hour on my first attempt”

Here’s what you need to know before using Zoloft for premature ejaculation...

Zoloft is the brand name for a drug called sertraline.

It’s a strong SSRI antidepressants that some doctors prescribe for premature ejaculation.

It works by adjusting the levels of serotonin in the brain. (Serotonin is a chemical that carries messages between your brain cells.)

In men who suffer from premature ejaculation, the serotonin seems to be less active in the section of the brain that controls ejaculation. Zoloft increases the levels of serotonin, and thus enables you to delay your ejaculation and last longer.

Zoloft is legally available only by prescription, but some online pharmacies sell it without prescription.

Tablets are first taken as needed, 2 to 12 hours before having sex.

If that fails, than you take them on a daily basis – once a day, with or without food. The starting dose is 50 mg. Your doctor may slowly increase the dose, if needed, to a maximum daily dose of 200 mg.

When you use Zoloft on a daily basis, you may need to wait 3 or more weeks to see improvements. If there’s no improvement after 6 weeks (from the beginning), or if you experience too much negative side effects, your doctor will probably end the treatment.

If Zoloft doesn’t work for you, your doctor may prescribe another SSRI antidepressant to try again. For example, Paxil or Prozac. However, if the second SSRI fails too, trying the third probably won’t help you much.

(See "How To Use Paxil for Premature Ejaculation", and "How To Use Prozac for Premature Ejaculation" )

But, don’t quit on yourself if that happens to you. That doesn’t mean that you can’t be cured, it only means that SSRI antidepressants don’t work for...
you. There are plenty of other options for you.

Your doctor may prescribe another type of antidepressant, a tricyclic antidepressant such as Anafranil. Many researchers have found that Anafranil is more effective for premature ejaculation than SSRIs, but Anafranil tends to have more side effects. (See "How To Use Anafranil for Premature Ejaculation")

Zoloft is a serious drug that can damage your health if used improperly. You should not use it without medical supervision. This is especially true if you are already taking some medications (or have recently do so), or if you have some health issues.

Here are some precautions you need to be aware of when using Zoloft for premature ejaculation...

You should use Zoloft with caution if...

- you have problems with liver or kidneys
- you have Parkinson disease,
- you have seizures
- you recently had a heart attack

You should not use Zoloft with alcohol.

And, Zoloft can cause problems when used with other medications. Such as...

- various diabetes medications, including insulin
- certain type of antidepressants (MAOIs, or monoamine oxidase inhibitors)
- and some other medications such as Valium (diazepam), Coumadin (warfarin), Tagamet (cimetidine), and others

Zoloft may have some negative side effects. Some of them are headache, agitation, fatigue, insomnia, sleepiness, constipation, diarrhea, vomiting, a dry mouth, sweating, irregular heartbeat, tremors, difficulty breathing or swallowing, sensitivity to bright light, weight loss, or behavioral changes.

Some minor side effects are expected in first couple of days of using antidepressants. It’s a normal reaction of your body while it’s adjusting to medication.

And, to wrap this up...

I’ll give you a full medical description of Zoloft from eMedicine.com. It’s a doctor speak, so don’t worry if you don’t understand everything. This sort of stuff your doctor will read if he wants to refresh his memory before prescribing you Zoloft.

Here it is...

SERTRALINE (ZOLOFT)

**Drug Name**

Sertraline (Zoloft) — Potent SSRI used to treat premature ejaculation. Improvement may not be evident until at least 3 wk following initiation of treatment. If no benefit with respect to premature ejaculation after 6 wk or if adverse effects become troublesome, discontinue in favor of alternative treatment.
Adult Dose
50 mg PO 2-12 h before sexual relations; alternatively, 50 mg/d PO; gradually titrate to response; not to exceed 200 mg/d

Pediatric Dose
Not established

Contraindications
Documented hypersensitivity; concomitant MAOIs or use within 14 d

Interactions
Increases toxicity of MAOIs, diazepam, tolbutamide, and warfarin; additive CNS effects with alcohol, antidepressants, opioid analgesics, sedatives, and hypnotics; suspension contains alcohol and, therefore, is contraindicated in patients taking disulfiram (Antabuse)

Pregnancy
C – Safety for use during pregnancy has not been established.

Precautions
Caution in recent MI or unstable heart disease; hyponatremia; although minimal adverse anticholinergic effects (compared with TCAs), use with caution in glaucoma, bladder outlet obstruction, chronic constipation, and other conditions in which adverse anticholinergic effects may exacerbate symptoms; caution in patients with moderate-to-severe renal or hepatic impairment, because of excessive blood level accumulation, adjust dose accordingly; does not impair motor or cognitive ability with respect to performance of complex tasks, nor does it cause somnolence, but any drug affecting the CNS may cause drowsiness, and driving and performance of other tasks requiring alertness and concentration should be avoided; seizures are rare, use with caution in preexisting seizure disorder; when used for premature ejaculation (off-label), patients with clinical depression should be treated by a mental health care professional, potential for depressed patients to commit suicide; priapism has been (rarely) reported

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Using Zoloft for premature ejaculation can be very effective treatment. But it should always be done under medical supervision.

FREE REPORT: Read this to learn exactly how to gain complete control over when you ejaculate... “How You Can Last 10-30 Minutes Longer In Bed Tonight & Permanently End The Pain & Embarrassment Of Premature Ejaculation”

See Also...

How Premature Ejaculation Affects Man’s Life

Premature ejaculation has a significant impact on the quality of a man’s life. Although it doesn’t directly cause any serious...
My Premature Ejaculation Story: Regular Joe With PE

This is a story I found on Urology Channel. They encourage people to help others by sharing their stories. And...

The Second Orgasm Technique For Coping With Premature Ejaculation

The idea here is that it doesn’t matter if you come very quickly (the first time). You just keep stimulating...

How Many Guys Have Premature Ejaculation?

As you’ll now see, sexual problems are actually quite common. Although few of us are ever ready to admit it....

Testicular Restraint – Funny Sex Toy For Lasting Longer In Bed

Testicular restraint is a Velcro-type device that used to be sold through mail-order erotic magazines. The idea behind it is...

Trojan Extended Pleasure – Condoms For Lasting Longer In Bed

Trojan has a desensitizing condom out for a few years now. It’s called Trojan Extended Pleasure. And it has a...

What Causes Premature Ejaculation?

Here’s what causes premature ejaculation, and why some guys have it and others don’t. (You may want to read “What...

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Zoloft for premature ejaculation... Zoloft is the brand name for a drug...

Henry Ford’s Secret For Lasting Longer In Bed

Did you know that you can last longer in bed by simply believing that you will? It’s true. If you...

Use Two Condoms – A Simple Trick To Last Longer In Bed

Here's a simple trick to last longer in bed: wear two condoms. How long will you last? It’s individual, but...