



The Second Orgasm Technique For Coping With Premature Ejaculation

[Matt Gorden's secret for lasting longer in bed.. "I was able to go from 3-4 minutes to just under an hour on my first attempt"](#)

The idea here is that it doesn't matter if you come very quickly (the first time). You just keep stimulating her until you get strong erection again. Use your finger, use your mouth, and use your words.

For a younger man, it usually takes 15-20 minutes to be ready to penetrate again. If you have unusually strong sexual drive, you may only need a few minutes.

Most women will relish an extra 20 minutes devoted to pleasuring them. And, once you're ready to go again, she will be very aroused and excited.

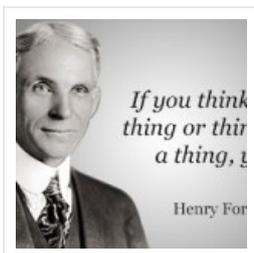
You on the other hand will now be able to last much longer than the first time. This way, you have a chance to give her an orgasm through penetration, even before you come the second time.

This simple technique may turn you from a "minute man" to a sex god in her eyes.

Unfortunately, this technique is reserved almost exclusively for younger guys. It becomes less effective as you get older because you need more downtime between erections.

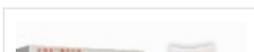
[FREE REPORT: Read this to learn exactly how to gain complete control over when you ejaculate... "How You Can Last 10-30 Minutes Longer In Bed Tonight & Permanently End The Pain & Embarrassment Of Premature Ejaculation"](#)

See Also...



Henry Ford's Secret For Lasting Longer In Bed

Did you know that you can last longer in bed by simply believing that you will? It's true. If you...



Indian God Lotion – Spray

Porn Star Keni Styles Tells His Story

... it's embarrassing, but for the first 10 years of my sex life I actually **suffered from crippling premature ejaculation...**

"... I **accidentally discovered how to last as long as I wanted.** It is a secret, but anyone can learn how to do it because ..."

[WATCH THIS VIDEO...](#)



[Give Her an Orgasm After You Had One](#)

If you can overcome the urge to roll over and go to sleep after your orgasm, and can devote your...



[Hypnosis for Premature Ejaculation](#)

You have two options when it comes to hypnosis for premature ejaculation... Self-hypnosis tapes (CDs, MP3s) Sessions with hypnotherapist Hypnosis...



[My Premature Ejaculation Story: Regular Joe With PE](#)

This is a story I found on Urology Channel. They encourage people to help others by sharing their stories. And...



[The Second Orgasm Technique For Coping With](#)



For Premature Ejaculation

Indian God Lotion is based on a chemical called isopropyl alcohol. Basically, it's a colorless flammable alcohol, and as all...



[For Coping with Premature Ejaculation](#)

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Trojan Extended Pleasure – Condoms For Lasting Longer In Bed

Trojan has a desensitizing condom out for a few years now. It's called Trojan Extended Pleasure. And it has a...



[Testicular Restraint – Funny Sex Toy For Lasting Longer In Bed](#)

Testicular restraint is a Velcro-type device that used to be sold through mail-order erotic magazines. The idea behind it is...



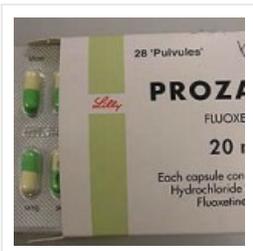
The Complete PC Workout (How to Make Love all Night)

The PC (pubococcygeus) muscle workout was created back in 1948, by Dr. Arnold Kegell. That's why this exercise is sometimes...



How Long Should You Last In Bed?

The truth is, no one can put an exact time on how long should "normal" sex last. Some say, even...



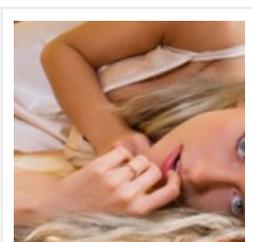
How To Use Prozac for Premature Ejaculation

Here's how to use Prozac for premature ejaculation... First of all, Prozac is the brand name for fluoxetine. I think...



What Causes Premature Ejaculation?

Here's what causes premature ejaculation, and why some guys have it and others don't. (You may want to read "What...



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stimulating...



The Burden Of Premature Ejaculation

I want to share with you the scientific study of how premature ejaculation affects both man's and woman's life. It...



If You Masturbate Often, You'll Last Longer In Bed?

Some people have suggested that if you masturbate often, that can help you last longer in bed. It won't stop...